

4SIGHT – West Sussex Association for the Blind

Established in 1921 to support blind and partially sighted people in West Sussex. We now support over 2,000 members and provide people with a wide range of practical support solutions to help them remain independent following sight loss. Our main aim at 4SIGHT is to improve the lives of blind and partially sighted people with sight loss. We support in many different ways through services, visits, information, guidance, advocacy and support.

Our aims are to enable people to:

- Adjust to sight loss and make the best use of low vision
- Combat social isolation and maintain independence
- Access appropriate information and advice
- Participate actively in their communities and family life
- Access facilities and open spaces, across town and country
- Access high quality personal social care and clinical services
- Influence service design, provision, commissioning and planning
- Make informed choices about their own health and wellbeing

4SIGHT also:

- Campaigns to remove barriers to independence and inclusion
- Promotes eye health
- Supports volunteering and employment of blind and partially sighted people
- Ensures that blind and partially sighted people participate fully in the governance of 4SIGHT.

Members can access both free and subsidised services delivered in the home, in the locality and in adapted resource centres. There are also local clubs across West Sussex. The Resource centres, equipment sales and shops are available to the public. Our work is largely self-funded, through donations, community events, our own commercial activities including charity shops, and the support of trusts, foundations and local authorities.

BOGNOR REGIS RESOURCE & CHARITY HO

Phone: 01243 828 555

Email: enquiries@4sightsussex.co.uk

CRAWLEY RESOURCE CENTRE

Phone: 01293 657 090

Email: crawley@4sightsussex.co.uk

LISTENING & INFORMATION SERVICE

4SIGHT - Worthing Hospital Eye Clinic

Phone: 01903 285 281

4SIGHT BOGNOR REGIS CHARITY SHOP

Unit 6, The Arcade, High Street,
Bognor Regis, West Sussex PO21 1LL
Phone: 01243 861776

BURGESS HILL RESOURCE CENTRE

Phone: 01444 248653

Email: burgesshill@4sightsussex.co.uk

SHOREHAM RESOURCE CENTRE

Phone: 01273 454 343

Email: shoreham@4sightsussex.co.uk

LISTENING & INFORMATION SERVICE

4SIGHT – St Richard's Hospital Eye Clinic

Phone: 01243 788122 ext.3515

www.4sightsussex.co.uk



Supporting Blind and Partially Sighted People

Charity No: 1075447

Company No: 3740647